

Hi Everyone,

How are you? I hope all is well. I have finally returned to Canada. I would like to take this opportunity to thank VOSH Southeast, all the Cameroon team members and doctors for having students from VOSH Waterloo be part of your group, for teaching us, and being such a great team. We are all second year students going onto third year of the optometry program, and have greatly benefited from the leadership, teamwork, clinical experience and patient care exposure on this African eye care mission with all of you.

I have been on three eye care missions and this one has impacted me the most, not only because it was in Africa, but because we worked so harmoniously and got along so well. As a team, we learnt each others' ways, became more accustomed to the pace of work, and together provided eye care to a population who was under served and where health care is not easily within their reach, finances and resources. As a student, I would have to say that this intense mini-internship experience has taught me so much about health care in third world countries, severity of diseases and has improved much of my clinical and patient care skills. The amount of understanding and patience from each and one of all the volunteers on this trip has been tremendous and impressive. We have all benefited from being a part of such a unique experience, from our leaders Charlie and Dr. Spencer, and from the humbling welcome from the people of Bemanda. We were truly blessed.

VOSH Waterloo hopes to continue this good relationship with VOSH Southeast. I would like to once again say GREAT WORK, TEAM! and all of the students have had an eye opening and life changing experience volunteering on this eye care mission with everyone.

Keep in touch!

Sincerely,

Alison Leung  
VOSH Waterloo